



Activity	Early Meal ¹	Late Meal ²	Assign participating adults to specific locations and times. Write their names in appropriate boxes					
			Dorms	Dog Bone	B'ball	Room ³	Beach	Other
Wake up/ showers/ adult-led activities/ prepare for hiking	6:45- 7:10 AM	6:45- 7:55 AM	Men: _____ _____ Women: _____ _____	_____ _____ _____	_____	_____ _____ _____	_____ _____ _____	_____ _____ _____
Breakfast	7:10 AM	7:55 AM						
Showers/ adult-led activities/ prepare for hiking	7:45- 9:00 AM		M: _____ _____ W: _____ _____	_____ _____ _____	_____	_____ _____ _____	_____ _____ _____	_____ _____ _____
Morning meeting in Cypress Room	9:00 AM	9:00 AM						
Showers/ downtime/ adult-led activities/ Eco-Athletics	4:00- 5:10 PM	4:00- 6:05 PM	M: _____ _____ W: _____ _____	_____ _____ _____	_____	_____ _____ _____	_____ _____ _____	_____ _____ _____
Dinner	5:10 PM	6:05 PM						
Showers/ downtime/ adult-led activities/ Eco-Athletics	5:55- 7:00 or 5:55- 7:30 PM	None ⁴ or 6:55- 7:30 PM	M: _____ _____ W: _____ _____	_____ _____ _____	_____	_____ _____ _____	_____ _____ _____	_____ _____ _____
Evening programs	7:00 or 7:30 PM	7:00 or 7:30 PM						
Showers/ downtime/ adult-led activities	None ⁴ or 8:00- 8:45 PM	None ⁴ or 8:00- 8:45 PM	M: _____ _____ W: _____ _____	_____ _____ _____	_____	_____ _____ _____	_____ _____ _____	_____ _____ _____
Prepare for bed/lights out /quite time	8:45 or 9:00 PM	8:45 or 9:00 PM	M: _____ _____ W: _____ _____	¹ Breakfast at 7:10 am, dinner at 5:10 pm ² Breakfast at 7:55 am, dinner at 6:05 pm ³ Arrange with campus coordinator ⁴ There may not be time				